

B

Big Picture

- You see patterns and relationships
- You live toward the future
- You prefer to imagine possibilities
- You like being inventive
- You jump in and leap over steps
- You look at the big picture to see where parts fit



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If you tend to prefer looking at the big picture, you like to take in information by seeing the whole. You like to focus on the relationship and connections between facts. You look for patterns and are very good at seeing new possibilities.



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Casual

- You prefer a flexible lifestyle
- You prefer to go with the flow
- You prefer to experience life as it happens
- You enjoy being curious, and being surprised
- You like openness
- You do things at the last minute



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If you tend to prefer being casual, you like to live in a flexible, spontaneous way. You are happy to experience life rather than control it. Detailed plans can be confining as you prefer to stay open to new information and last minute options. You adapt well to the moment and work well under pressure.



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D Detail

- You see detail, specific parts and pieces
- You live in the present
- You prefer to live with practicalities
- You like things that are measurable
- You like to take it one step at a time
- You like to work hands on



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If you tend to prefer the details, you like to take in information that is real and tangible. You like information that uses your five senses. You pay close attention to what is going on around you and are especially good at practical realities.



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E

Externaliser

- You act, then reflect
- You are friendly and talkative
- You are easy to get to know
- You express thoughts and feelings freely
- You need to interact with people
- You may seem flighty



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If you are an externaliser,
you are energised by
being around people and
interacting with them. You
can spend time alone, but
need the stimulation and
interaction with the world
around you.



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Harmony

- You decide with the heart
- You go by personal convictions
- You are concerned with values like relationships
- You see things as a participant in a situation
- You appreciate
- You are good at understanding people



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If you tend to prefer harmony, you will make decisions based on taking into consideration what is important to you and to other people. You appreciate and support others, and try to create harmony and treat people as individuals.



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I

Internaliser

- You reflect, then act
- You can be reserved and quiet
- You can take time to get to know
- You keep your thoughts and feelings private
- You need privacy and quiet time
- You may seem withdrawn to others



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If you are an internaliser,
you are energised by
spending time alone. You
can be drained by being
around lots of people, so
time to yourself to focus
on the world within is
important to you.



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Logical

- You decide with the head
- You go by logic
- You are concerned with principles like justice
- You see things from outside a situation
- You are good at analysing plans
- You are critical



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If you tend to prefer logic, you like to make decisions by looking at the logical consequences of your choice or action. You examine the pros and the cons and enjoy analysing what's wrong so you can solve the problem. You try to find a standard to suit all similar situations.



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Structure

- You prefer an organised life
- You like structure and order
- You like to have life under control
- You enjoy being decisive
- You like closure
- You plan in advance



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If you tend to prefer being structured, you like to live in a planned, orderly way. You prefer to make decisions, get it done and move on. You tend to be structured and organised, and sticking to plans and schedules is important to you.



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